

THE UAA STUDENT ATHLETE ADVISORY COMMITTEE MEETINGS

We Talked About How to Treat Others



Rochester's University Athletic Association SAAC Representatives (l-r): Siobhan Seigne, Bianca Dyer, Sean Corcoran, Jun Yuminaga.

By Bianca Dyer, Rochester Volleyball and Tennis

I play volleyball and tennis at the U of R, and my experience in Atlanta with other UAA athletes was very eye-opening. Over the course of just two days, I learned a lot about myself, the UAA, and the NCAA as a whole.

The first day was all about us and how we treat our teammates. We had each taken a personality test prior to attending the event, so we finally got to see our results! The theory behind the personality analysis was "Emergenetics," and it's unique because it focuses on your preferences, not skills or summarizing characteristics.

With this information, we discussed how best to treat people of various preference sets, which is very beneficial to us as teammates. For example, some less outgoing people want to be asked specific questions for feedback, as opposed to the broad, "What do you think?" I feel like this information is vital to our emo-

tional intelligence on our teams.

On day two, we shared our input on proposed NCAA legislation. As representatives from the University Athletic Association, a Division III conference, we shared our own concerns while also discussing concerns from other conferences. It was very inspiring to see athletes care about the concerns of athletes from other sports.

I think it was advantageous that they structured the weekend the way they did. If we had not gotten to know each other so well on day one, then we may not have had such a productive meeting on day two. Overall, I truly appreciated the opportunity to learn about myself and the people around me - information I can use to benefit my teams - and also to contribute to NCAA decisions and to people more distant from me at other institutions, even outside of the UAA.