The University of Rochester Yellowjackets are capable of exceptional achievements this coming fall. The team’s success will be rooted in outstanding senior leadership and a collaborative mindset that emphasizes a unified purpose, a positive growth mindset, and a supportive team dynamic. The Yellowjackets will return experience and inject fresh new talent into a team culture founded upon our motto of ‘Meliora’ and an uncompromising work ethic that will make our team ‘Ever Better’ in the 2016 Season.

**GOALKEEPERS**

The Yellowjackets return junior Madi Lee, who served as the team’s primary goalkeeper in the 2015 season. Over the course of the season, Lee logged over 1,500 minutes in net and tallied six shutouts. The ’Jackets will look to Lee’s experience to anchor the defense, while sophomore Samantha Hlavac will look to challenge for a starting position by building on the successes she had in her rookie season, particularly in only allowing one goal against in three appearances in net. Joining them in front of goal is freshman newcomer Gwendolyn Haffenden (Buffalo, NY), who will undoubtedly gain invaluable experience from her upperclassmen goalkeepers.

**DEFENDERS**

Rochester returns an experienced backline in the form of senior Alyssa Raskind, who will look to lead the line with her signature composure in the back. Raskind has proved an invaluable defender, contributing in all seventeen games in her junior season. At her side will be senior Hannah Geitner who returns to the pitch after injury and will undoubtedly provide the ’Jackets with the leadership and physicality necessary to stifle opponents. Rochester will rely on junior Sydney Melton and Jennifer Sitrin, both exceptionally talented and tough defenders, to help keep the score sheets clean this upcoming season. Sophomore Megan Runyan will look to build on the impressive showing she produced in her rookie season, helping the ’Jackets to post six shutouts and allowing less than one goal per game. Rounding out the backline are freshmen newcomers Daniella Aceves (Escondido, CA), Elizabeth Mastoloni (Stamford, CT), and Giuliana Vasile (Pittsford, NY).
Midfielders

The Yellowjackets return experience, talent, and depth in the midfield this upcoming season. Rochester will look to longtime midfield contributor Kim Stagg, a three-time all UAA selection, for her ball winning ability and relentless physicality. Senior midfielder Jean Chakmakas will use her guile and pace to control the middle and ignite attacking opportunities while juniors Nicolette Kober and Hayley Orciuch will look to utilize their field vision and superb passing technique to distribute the ball as well as cut out any opposing threats. Sophomore standout McKenzie Runyan returns to the middle after leading the team in scoring in her rookie season, and will certainly help balance the side with her creativity and flair on the ball. Sophomores Shayna Levy and Margaret Lee add tenacity and dynamism to round out the middle third. Complementing an already potent midfield is freshman newcomer Emily Henry (Longwood, FL).

Forwards

Rochester’s attack will be led by senior Lee Stagg, who finished the season tied for third with six points. Junior Paige Gloster will look to make an impact with her target play and will be bolstered by a slew of sophomore attacking talent in the form of Pamela Chan, Kerri Eden, Christian Feller, Annie McEachron, and Hannah Wadsworth. The sophomore class forms a unique dynamic, one with an array of incredibly diverse attacking options and tendencies. The ‘Jackets’ front line will again look to outscore their opponents as they did last season, tallying twenty-four goals to opponent’s sixteen. Looking to make her mark in the attacking line is freshman newcomer Jorie Freitag (Ridgefield, WA).
The women’s soccer program at the University of Rochester got its start over 35 years ago. In 1977, Terry Gurnett, a recent graduate and men’s soccer team member, was working in the student loan office when he was asked to help start a women’s program. Terry jokes that he, “hadn’t the foggiest notion of what I was doing—and some will say I still don’t.” Yet, despite being the program’s only head coach in over three decades, Gurnett guided the Yellowjackets to a record of 410 wins, 131 losses and 62 ties. This made Gurnett the winningest coach in NCAA Division III women’s soccer and the third winningest coach in all divisions. Under Gurnett, the team won the inaugural women’s Division III title in 1986 and 1987. After the 2010 season, Terry Gurnett retired as the women’s head coach and passed the title onto the current head coach Thomas “Sike” Dardaganis. Gurnett is not too far away, he is currently an associate director of athletics at the University of Rochester and is often found cheering loudly from the stands with his grandchildren.
UAA Conference Values

- Academic excellence and athletic excellence are not mutually exclusive. The academic enterprise is the primary element.

- Athletic excellence properly relates to the caliber of experience offered to students.

- Athletic programs should reflect the quality of the academic environment within which they exist.

- A consistent and challenging level of athletic competition should be provided for all student-athletes.

The University Athletic Association (UAA) maintains that the pursuit of academic and athletic excellence are complementary goals and can be achieved without the compromise of one by the other.

For twenty-eight years, the University Athletic Association has served as a bold statement of what college athletics can and should be - that it is highly desirable and possible for a group of committed institutions to conduct a broad-based program of intercollegiate athletics for men and women; to compete with like academic institutions spread over geographically expansive areas; and to seek excellence in athletics while maintaining a perspective which holds the student-athlete and the academic mission of the institution as the center of focus.
Meliora is a Latin adjective meaning "better". It is the neuter plural (nominative or accusative) form of the adjective "melior, -or, -us". It is the motto of the University of Rochester at Rochester, New York. In this context it is accusative and used substantively (i.e., as a noun) to mean "better things", "always better", "ever better", or, more fully, "for the pursuit of the better".

In 2007, the city of Rochester was named one of the top ten most livable cities in America by the Places Rated Almanac in their 25th anniversary edition. Rochester placed 6th on the list, which evaluates several criteria in making its selections: local economy, recreation, housing, health care, transportation, ambiance, crime and climate.

The constant pursuit of “Meliora”....

<table>
<thead>
<tr>
<th>Nobel Prizes</th>
<th>Pulitzer Prizes</th>
<th>Notable Alumni</th>
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<tbody>
<tr>
<td>2002: Masatoshi Koshiba ’55 (PhD), Nobel Prize in Physics.</td>
<td>2004: Steven Hahn ’73 in history, for his book: A Nation Under Our Feet: Black Political Struggles in the Rural South from Slavery to the Great Migration</td>
<td>Francis Bellamy, wrote the original Pledge of Allegiance, published in 1892</td>
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<td>1993: Robert Fogel, member of the economics faculty in the 1960s and ’70s, Nobel Prize in Economic Sciences.</td>
<td>1993: Christopher Rouse, Eastman professor of composition, in music for his &quot;Trombone Concerto&quot;</td>
<td>Steven Chu, Nobel laureate in physics, former trustee of the university, and Secretary of the U.S. Department of Energy</td>
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<td>1976: Carleton Gajdusek, ’43, Nobel Prize in Physiology or Medicine.</td>
<td>1983: Galway Kinnell, ’49 (MA) in poetry</td>
<td>Renee Fleming, Grammy Award-winning operatic soprano</td>
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<td>1959: Arthur Kornberg, ’41M (MD), Nobel Prize in Physiology or Medicine.</td>
<td>1979: Joseph Schwantner, Eastman faculty, in music</td>
<td>Robert Forster, Academy Award-nominated actor known for his roles in movies such as Jackie Brown</td>
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<td>1955: Vincent du Vigneaud, ’27 (PhD), biochemist; Nobel Prize in Chemistry.</td>
<td>1975: Dominick Argento, ’58E (DMA), in music</td>
<td>Jeremy Glick, 1993 alumnus and member of Alpha Delta Phi fraternity, who died aboard United Flight 93 on September 11, 2001, after he and others attempted to overtake the hijackers</td>
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<td>1943: Henrick Dam, senior research associate at Strong Memorial Hospital, 1942-45; Nobel Prize in Physiology or Medicine.</td>
<td>1968: Anthony Hecht, English faculty, in poetry</td>
<td>Michael Kanfer, Academy Award visual effects artists whose work appears in Titanic, Apollo 13, Harry Potter and the Sorcerer's Stone, and Superman Returns</td>
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<td>1960: George Abbott, ’11, in drama</td>
<td>Mitch Miller, conductor, record producer, and TV producer best known from &quot;Sing Along with Mitch&quot; programs in the 1950s</td>
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<td>1959: John La Montaine, ’39E (BA), in music</td>
<td>Debra Jo Rupp, actress best known for her role in TV's &quot;That '70s Show&quot;</td>
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<td></td>
<td>1952: Gail Kubik, ’34E (BM), in music</td>
<td>David Satcher, former U.S. Surgeon General</td>
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<td>1944: Howard Hanson, Eastman faculty and</td>
<td>Andy Thomas, CEO of Heineken USA</td>
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<td>William Warfield, internationally acclaimed bass-baritone</td>
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<td>known for his work in Show Boat and Porgy and Bess</td>
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T H E  M E A N I N G  O F  M E L I O R A
AT THE UNIVERSITY OF ROCHESTER, students put interests and passions into action. They take double and triple majors, form combinations of clustered coursework as far reaching as engineering + literary translation + political science, and embrace the idea that education is theirs to shape.

The University of Rochester is one of the country’s top-tier research universities – 158 buildings house more than 200 academic majors, more than 2,000 faculty and instructional staff, and some 9,300 students, with equal numbers of men and women.

Rochester remains one of the most collegiate among top research universities, with smaller classes and a 9:1 student to teacher ratio – all within a university setting that attracts more than $400 million in research funding each year. Rochester’s faculty publishes articles across the globe, win awards for their work, and collaborate with undergraduate students on a level that is rare in higher education.

BUILD YOUR OWN...AT ROCHESTER

Rochester recognizes that no two students are alike, so your college education can’t follow a “general education” path. That is why the Rochester Curriculum – unique in higher education – has no required subjects. You build your own path and learn what you love.

Students in Arts, Sciences, and Engineering pursue a major in one of the three great divisions – humanities, social sciences, and natural sciences – and complete a cluster of three or more related courses in the two areas outside their major. The result is an education that reflects students’ priorities.

### Academic Opportunities

**3-2 PROGRAMS** Business, Computer Science, Engineering, Neuroscience, Physics, Physics and Astronomy, and Public Health

**COMBINED-ADMISSION PROGRAMS (CAPs)** Selective programs for exceptional undergraduates in medicine (REMS), engineering (GEAR), and education (GRADE) that guarantee admission to professional or graduate school upon completion of the bachelor’s degree.

**DUAL DEGREE PROGRAMS** Selective programs for exceptional undergraduates in music (DDE) to gain admission to the College and Eastman School of Music to pursue a BS or BA+BM, and in nursing (DDN) to gain admission to both the College and School of Nursing to pursue a BS or BA+BSN.

**KAUFFMAN ENTREPRENEURIAL YEAR** The KEY program offers selected individuals a fifth year at Rochester to pursue internships, develop a business plan, or study entrepreneurial activity.

**STUDY ABROAD** More than 70 different Rochester sponsored opportunities are available in over 35 countries. TAKE FIVE SCHOLARS PROGRAM Students who wish to pursue broader academic interests can apply for this innovative Rochester program, which allows students to stay for a fifth year of study—tuition-free.

**UNDERGRADUATE RESEARCH** Opportunities and financing are extensive at entrance, during the academic years, and in summers. All undergraduates have opportunities to do research on their own, in teams, or as part of faculty-directed projects. Students may submit their work to be published in our Journal of Undergraduate Research.
At UR 2015: As a junior, played in 16 games for Rochester. Finished the season firing 12 shots and five SOG...Was selected to UAA's All-Academic team for the second straight year.

At UR 2014: Sophomore appeared in 15 games, making five starts for the Yellow-jackets...Recorded seven shots, five of which were on goal...Named to UAA's All-Academic team.

At UR 2013: Freshman saw playing time in seven games on the season...Had one shot.

Jean Chakmakas #2
Position: Midfield
Hometown: Latham, NY
High School: Shaker H.S.
Height: 5’7”
Major: Data Science

At UR 2015: Team manager for 2015 season.

At UR 2014: Helped UR allow just over one goal per game in playing five games on defense...Named to UAA's All-Academic team.

At UR 2013: Made seven appearances (1 start) as a freshman...Recorded one shot from defense position...Helped UR to a school record five draws during the sea-

Hannah Geitner #29
Position: Defense
Hometown: Fulton, NY
High School: G. Ray Bodley HS
Height: 5’6”
Major: Archeology, Technology and Historical Structures

At UR 2015: The junior made an appearance in all 17 games for UR, Played over 600 minutes on the season in a defense which held 13 opponents opponents to one goal or less...Named All-Academic by the UAA.

At UR 2014: Had another solid season as a sophomore, playing in 16 games, Helped defense post seven shutouts and allow just over one goal per game in 2014.

At UR 2013: Key member of UR defense, appearing in all 17 games, starting 13 games in her rookie season.

Alyssa Raskind #26
Position: Defense
Hometown: Needham, MA
High School: Needham High School
Height: 5’7”
Major: Brain and Cognitive Sciences

At UR 2015: As a junior, played in 16 games for Rochester. Finished the season firing 12 shots and five SOG...Was selected to UAA's All-Academic team for the second straight year.

At UR 2014: Helped UR allow just over one goal per game in playing five games on defense...Named to UAA's All-Academic team.

At UR 2013: Made seven appearances (1 start) as a freshman...Recorded one shot from defense position...Helped UR to a school record five draws during the sea-
Kim Stagg  #5
Position: Midfield/Forward
Hometown: Winter Springs, FL
High School: Winter Springs H.S.
Height: 5’10”
Major: Health, Behavior and

At UR 2015: The junior earned Honorable Mention All-UAA. Played in all 17 games. Selected UAA All-Academic for the second straight season.

At UR 2014: Started every game for the 2nd straight season, ending with eight points (3 G, 2 A) to rank 2nd on UR...Named 1st team All-UAA following the season...Named to UAA All-Academic team.

At UR 2013: Was one of three 'Jackets to start all 17 games...Named Honorable Mention All-UAA following the season

Lee Stagg  #11
Position: Midfield/Forward
Hometown: Winter Springs, FL
High School: Winter Springs H.S.
Height: 5’10”

At UR 2015: The junior played in 16 games. Was a big playmaker for UR in the midfield, logging over 600 minutes played...Honored with spot on UAA All-Academic team for second straight season.

At UR 2014: An injury forced the sophomore to only play in eight games. Scored one goal and added one assist. Named to UAA's All-Academic team.

At UR 2013: Played in all 17 games, making 16 starts as a freshman...Finished with one goal and two assists on the season. Named Best Offensive Performer at the Flower City Classic in early September.
Paige Gloster #6  
**Position:** Forward  
**Hometown:** Cincinnati, OH  
**High School:** Indian Hill High School  
**Height:** 5’6”  
**Major:** Health, Behavior and Society

**At UR 2015:** Only UR field player to start all 17 games for Rochester...Finished with six points (3rd on UR) on two goals and two assists...Logged over 900 minutes of playing time...Tallied the Yellowjackets' lone goal in 1-1 draw against #8 Brandeis on Nov. 1...Recorded assists in back-to-back contests, coming against Keuka and St. John Fisher on Oct. 18 and Oct. 21.

**At UR 2014:** Was one of four Yellowjackets to score multiple goals during the 2014 season...Had freshman campaign cut to just 10 games (10 starts) due to injury...Recorded the game winning goal against St. John Fisher on Sep. 23...Also, scored in win over #4 Ithaca on Sept. 13 in the opening round of the Upstate Collegiate Classic.

Nicolette Kober #16  
**Position:** Midfield  
**Hometown:** New Market, MD  
**High School:** Oakdale High School  
**Height:** 5’4”  
**Major:** International Relations

**At UR 2015:** Sophomore midfielder appeared in 13 games and made seven starts for Rochester as an important midfield contributor...Fired two shots, both which were on target...Named to UAA's All-Academic team.

**At UR 2014:** The freshman saw playing time in five games, recording two shots on goal.

Madilynne Lee #1  
**Position:** Goalkeeper  
**Hometown:** West Chester, PA  
**High School:** Downington HS West  
**Height:** 5’8”  
**Major:** Business, Studio Arts

**At UR 2015:** The sophomore became Rochester's primary goalkeeper, starting all 17 games. Logged over 1,500 minutes in the net, allowed 15 goals (0.90 GAA) and made 65 saves (.812)...Added six shutouts (5 solo) and finished with an 8-7-2 record...Ranked inside the top-100 in Division III in GAA...Was third in the UAA in goalkeeper saves and was fifth in goalie minutes played...Posted a career high eight saves against NYU on Oct. 30...Shutout two nationally ranked opponents in RIT (9/23) and Case Western Reserve (10/18).

**At UR 2014:** Freshman goalie appeared in three games for the Yellowjackets, getting just under 60 minutes of playing time in net...Allowed one goal and made one save...

Sydney Melton #12  
**Position:** Defense  
**Hometown:** Holland, PA  
**High School:** Council Rock HS  
**Height:** 5’9”  
**Major:** Biology

**At UR 2015:** The sophomore saw action in 16 games, making 11 starts for Rochester...Had another strong season defensively, helping the Yellowjackets hold 13 opponents to a goal or less and end up allowing less than one goal per game...Scored in UR's 4-1 victory over St. John Fisher on Oct. 24...Played nearly 900 minutes on the pitch.

**At UR 2014:** Was one of three UR players to start all 18 games in 2014, making an immediate impact as a freshman defender...Led Rochester field players in minutes played (1,478) while recording one goal and one assist on the season...Earned Defensive MVP honors following the Flower City Classic to open the season...Was an Honorable Mention All-UAA choice.
Jennifer Sitrin #23
Position: Defense
Hometown: Martinsville, NJ
High School: Bridgewater Raritan High School
Height: 5’6”
Major: Biology

At UR 2015: Named to All-UAA Academic team...Did not play in any games during sophomore season due to injury.
At UR 2014: Was key member of UR defense in 2014, making 15 starts in 16 appearances...Helped contribute to UR holding 13 opponents to one goal or less, including recording seven shutouts.

Hayley Orciuch #17
Position: Midfield
Hometown: Shrewsbury, MA
High School: Shrewsbury High School
Height: 5’4”
Major: Linguistics

At UR 2015: Played in 16 games, starting two for UR...Logged over 620 minutes and finished with three points on the year, coming off one goal and one assist...Selected to UAA All-Academic team.
At UR 2014: Freshman midfielder made 17 appearances including 13 starts for the Yellowjackets...Recorded 10 shots, two SOG in 2014...Played over 1,000 minutes for UR.

Juniors

Samantha Hlavac #0
Position: Goalkeeper
Hometown: Plainfield, IL
High School: Plainfield South High School
Height: 5’6”
Major: Chemical Engineering

At UR 2015: Freshman keeper appeared in three games for the Yellowjackets...Played 84 minutes in the net, allowed one goal and made one save.

Pam Chan #8
Position: Midfield
Hometown: Wayland, MA
High School: Wayland High School
Height: 5’4”
Major: English

At UR 2015: Did not appear in a game during her freshman season due to injury.

Sophomores

Kerri Eden #22
Position: Forward
Hometown: Easton, CT
High School: Joel Barlow High School
Height: 5’10”
Major: Undeclared

At UR 2015: Finished freshman season with three points, coming on one goal and one assist...Overall, played in eight games for the Yellowjackets.

Christina Feller #15
Position: Midfield
Hometown: Elm Grove, WI
High School: Divine Savior Holy Angels High School
Height: 5’10”
Major: Brain and Cognitive Sci-

At UR 2015: Appeared in 16 games, starting 10 as a first year player...Finished tied for third on the team with six points, coming on two goals and two assists.
Margaret Lee #10
Position: Defense
Hometown: East Brunswick, NJ
High School: East Brunswick High School
Height: 5'2"
Major: Undeclared

At UR 2015: Saw time in 15 games, making one start as a freshman...Recorded seven shots and three SOG during the year...Played on defense which held 13 opponents to a goal or less and post shutout wins over nationally ranked opponents twice.

Shayna Levy #27
Position: Defense
Hometown: Brewster, NY
High School: North Salem High School
Height: 5'9"
Major: Undeclared

At UR 2015: First year player saw action in 14 games, making seven starts for Rochester...Tallied first career goal in UR's 4-0 win over #23 Case Western Reserve...Overall, had over 600 minutes of playing time.

Annie McEachron #19
Position: Forward
Hometown: San Francisco, CA
High School: The Urban School of San Francisco
Height: 5'2"
Major: Biology

At UR 2015: Played in 10 games (6 starts) for Rochester during freshman year...Combined for three shots, two SOG.

McKenzie Runyan #14
Position: Midfield
Hometown: Lake Villa, IL
High School: Carmel Catholic High School
Height: 5'6"
Major: Business

At UR 2015: The freshman appeared in all 17 games for Rochester, was the team’s leading scorer with eight points, coming on four goals...Finished the season being named Honorable Mention All-UAA.

Megan Runyan #28
Position: Defense
Hometown: Lake Villa, IL
High School: Carmel Catholic High School
Height: 5'6"
Major: Biology

At UR 2015: Freshman defender appeared in all 17 games, making 15 starts...Ended as the teams leader in assists with four and was named Honorable Mention All-UAA following the season...Overall, UR's defense posted six shutouts and allowed under one goal per game.

Hannah Wadsworth #4
Position: Forward
Hometown: Brighton, NY
High School: Brighton High School
Height: 5'8"
Major: Psychology

At UR 2015: Played in seven games as a freshman, tallying four shots, with two SOG.
Daniella Aceves #24 – Escondido, California – San Pasqual High School – Albion SC & Albertson Fury ECNL

Daniella is a starting center defender for Albion SC in San Diego, CA and a discovery player for Albertson ECNL. Daniella was honored as an All-Academic Team honoree both her Junior and Senior year. Daniella is an Honors student who intends to pursue Engineering at the Hajim School at Rochester.


Jorie is starting forward for FC Portland ECNL. She garnered Offensive MVP of the year in her 2015 High School season after being selected first team All-League in her sophomore and junior years. Jorie is valedictorian of her class and an accomplished musician. She will be pursuing both Music and Spanish in her academic career.

Gwen Haffenden #00 – East Aurora, New York – East Aurora High School – Hamburg SC

Gwen is a starting goalkeeper for her club and high school team. As a 6’2” goalkeeper, Gwen has been a solid presence in the goal and is a very accomplished three sport athlete. Gwen plans to pursue Biology at U of R and is on a pre-med track.

Emily Henry #21 – Longwood, Florida – Lake Brantley High School – Florida Krush Kraze SC

Emily is a starting center midfielder for her club team and high school team in Seminole County. She was selected to the Seminole Athletic Conference All-Conference team in 2016. She plans to pursue a future medical career at Rochester.

Elizabeth Mastoloni #9 – Stamford, Connecticut – Rye Country Day School #22 – CFC United ECNL

Elizabeth is a defender playing for Connecticut Futbol Club. Liz has been a starter for her high school team, CFC NPL and CFC ECNL. She was recognized as an AP Scholar honoree at Rye in her senior year. Liz also plans to pursue cell and developmental Biology on the pre-med track at UR.

Giuliana Vasile #13 – Pittsford, New York – Pittsford Sutherland High School – Empire United Academy

Giuliana was a four year varsity starter with 20 career goals and 21 assists. ‘G’ was awarded 1st team AGR for the fall of 2015 and 2014 seasons. She was also co-player of the year in her division. Giuliana is undecided in her major and plans to take advantage of Rochester’s open curriculum for her undergraduate career.
In 2011, Sike Dardaganis accepted the Head Coach position at Rochester. Sike, a U of R alumnus ('92), served as assistant coach for the Yellowjackets for 14 years and continues to carry on the tradition of success of Rochester Soccer. Sike was born in Athens, Greece but moved to Rochester at an early age. He succeeded Coach Terry Gurnett following Terry’s retirement after 34 years coaching the women’s soccer program at Rochester. Sike first visited the University long before heading off to college, but says he knew from the first visit that he didn’t want to go anywhere else for college, explaining, “My experience as an undergrad was extraordinary. I felt the U of R provided a perfect model for academic success and personal growth. I majored in Political Science with the plan on pursuing law. It was Rochester's curriculum that encouraged me to branch off into several diverse areas of study, including sociology, philosophy, and film without abandoning a career in practicing law.” In his senior year, he also began coaching two local youth girls teams with Mary Martha McKenna '90, '95(MA) and Chris Apple '92 (current men's coach) as their assistant coach. Sike says, “I was hooked from that moment on. I knew right then that I’d be coaching for the rest of my life.” After graduation he went on to earn his Juris-Doctorate at Albany Law School, but continued to coach youth teams during law school. He has indeed coached ever since and besides his role with the varsity team, Sike also founded the JV program at U of R, as well as coached for the Empire Revolution Soccer Academy, alongside several other youth programs.

In his first four seasons as Head Coach, the team continues the tradition of success in the classroom and on the field. The team has elevated their team GPA each semester and in 2015/16 carried a team GPA of 3.53. For their incredible accomplishment, the Yellowjackets were honored with the NSCAA Team Academic Award. Our student athletes have achieved several exceptional individual awards, including: three Garnish Award winners, five Provost Circle honorees, two Iota Book Award recipients, a Presidential Award honoree, and Scholar All-Region recognition, among considerable others. The Yellowjackets have also been recognized on the field through an NSCAA All-American honoree, eighteen UAA All-Conference recipients, including three first team honorees, and the Merle Spurrier Award went to successive women’s soccer players from Ellen Coleman in 2012 to Bridget Lang in 2013. In 2015, Gabby DiAngelo received the Student-Athlete award for her remarkable 4.0 GPA and triple major. URWS has also received four successive leadership awards from the Rocky Awards. The team also continues to expand its contributions to the community, participating in positive outreach programs including Grassroots Rochester (Aids/HIV prevention & education), NoH8 campaign (promoting equality through education), Go4theGoal (pediatric cancer awareness), and the Yellowjackets continue to be the top fund-raising athletic team in Relay for Life (Cancer research). As coach of this extraordinary group of women, Sike spoke of his appreciation for the team’s accomplishments, exclaiming, “My words will likely fail to describe the immense pride I have for our team’s eagerness to contribute to our world and our community’s ongoing struggles. Our students and team demonstrate the value of citizenship and for that I consider myself fortunate to be in their company.”
In her third season as Assistant Coach, Rochester native and graduate of the University of Rochester, Ashley Van Vechten ('08) holds the distinction of being the most honored women's soccer player in the history of the program. She was a four-time First Team All-UAA defender, a four-time First Team All-New York State honoree, and was selected as the New York State Defensive Player of the Year in back to back seasons ('06 and '07). Van Vechten was named to the NSCAA/Adidas All-America Team for three consecutive seasons – First Team as a sophomore and a junior, Second Team as a senior, and is the first Rochester women's soccer player to earn All America honors for three straight seasons.

Off the field, she was named to the ESPN the Magazine Academic All-American Second Team and in back to back seasons, she was named to the NSCAA/Adidas Scholar-Athlete Team. A history and German double major; she was recognized as a 2008 New York State Scholar-Athlete by the New York State Women's Collegiate Athletic Association. As a club coach for Empire United, Van Vechten has won four consecutive NYSW State Cup Championships, and is currently Head Coach of the Girl’s U11 Empire United team.

Phil Demkos rejoins the University of Rochester Women’s Soccer Program as goalkeeping coach after having served as a volunteer JV Coach from 2009 to 2011. Phil received his Bachelors’ Degree from the University at Buffalo in 2008. Having played the game his entire life both domestically and abroad and having been inspired by Women’s Soccer Head Coach Sike Dardaganis and Associate Director Terry Gurnett, Phil went on to achieve his Masters in Sport Administration from Canisius College.

Phil then joined US Youth Soccer in Dallas, TX overseeing Boy’s ODP and Regional/National Presidents Cup. Phil left Texas for an opportunity to join IMG Academy in Sarasota, FL. At IMG he worked in various capacities with the US Women’s National Team, MLS’s NY Red Bulls, Seattle Sounders, and Columbus Crew as well as international squads such as Malmo FF and Maccabi Haifa. Phil has been coaching since 2008 at various levels and holds State, USSF & FIFA coaching licenses.

Shauny Caruso, a native of Richmond, Michigan, joined the University of Rochester’s Athletic Department in 2005. Caruso spent the previous two years as a graduate student at Temple University, where her education concentrated on a specialization in athletic training. During her time at Temple, Caruso worked as a Graduate Extern Athletic Trainer for the department of athletics, where she was primarily responsible for the women’s lacrosse and the men’s and women’s gymnastics programs. Caruso received her bachelor’s degree from Michigan State University in 2003, where she worked as an athletic training student intern for three years. Her experiences included working with football, field hockey, cross country and men’s tennis.

In her time at the University of Rochester, Shauny has worked as the women’s soccer athletic trainer for the past eleven seasons. Caruso resides in Rochester, NY with her husband Dominick and her four children Joseph, Ellina, Arianna, and Jeremiah.

Dan Provenzano, known as Provo by Rochester student-athletes, first became equipment manager for the Athletic Department in July, 2006. Provo became a certified Athletic Equipment Manager in 2008, after becoming a member of the Athletic Equipment Managers Association (AEMA) in 2007. He currently oversees the inventory and regular maintenance of equipment for twenty-three varsity sports at the University.

Dan is a Rochester native and graduated from John Carroll University with a B.S. in Physical Education in 1996. He also went on to earn his M.S. in Athletic Administration from SUNY Brockport in 1999. From 1998-2005 Provenzano taught physical education at a local grade school before joining the staff at UR. Provo has had a profound effect on UR Athletics, bringing joy, enthusiasm, and sincere admiration for the athletes he cares for by knowing all the players’ names, and being perhaps UR’s most visible fan on the sidelines at almost every single competition.
The National Soccer Coaches Association of America (NSCAA) is a nationally recognized and renowned soccer coaching organization, whose members are comprised of a network of collegiate coaches in every division from around the country. The mission of the NSCAA is to develop and to deliver educational programming and events that inspire members to improve and to enhance their involvement in soccer, and thereby advance the sport throughout the greater soccer community. NSCAA coaches vote annually on various honors to be awarded to collegiate athletes, including one of soccer’s highest honors, selection to the All-America Team. Players given All-America selection nods find themselves among an elite squad composed of the top eleven players in the nation from their division. Twenty-six Yellowjackets from the University of Rochester Women’s Soccer Team have been given All-America honors, an incredible achievement that is both a testament to individual merit as well as to the exceptional caliber of our women’s program.

### University of Rochester All-Americans

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1981</td>
<td>Megan MacKenzie</td>
</tr>
<tr>
<td>1982</td>
<td>Megan Mackenzie</td>
</tr>
<tr>
<td>1982</td>
<td>Lisa Scopa</td>
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<tr>
<td>1982</td>
<td>Molly Hayes</td>
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<tr>
<td>1986</td>
<td>Maria Budihas</td>
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<tr>
<td>1986</td>
<td>Mary Knoll</td>
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<tr>
<td>1986</td>
<td>Mary Martha Winter</td>
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<tr>
<td>1987</td>
<td>Jill McCabe</td>
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<tr>
<td>1987</td>
<td>Lisa Rich</td>
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<tr>
<td>1987</td>
<td>Mary Knoll</td>
</tr>
<tr>
<td>1988</td>
<td>Jill Decker</td>
</tr>
<tr>
<td>1989</td>
<td>Penny Waderich</td>
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<tr>
<td>1990</td>
<td>Kelly Gorman</td>
</tr>
<tr>
<td>1991</td>
<td>Megan Hanushek</td>
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<tr>
<td>1992</td>
<td>Nikki Izzo</td>
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<tr>
<td>1993</td>
<td>Libbie Tobin</td>
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<tr>
<td>1993</td>
<td>Andrea Haveman</td>
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<tr>
<td>1994</td>
<td>Amber Scott</td>
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<tr>
<td>1995</td>
<td>Kris Vander Plaat</td>
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<tr>
<td>1996</td>
<td>Lisa Allen</td>
</tr>
<tr>
<td>1996</td>
<td>Kris Vander Plaat</td>
</tr>
<tr>
<td>1997</td>
<td>Jodie Lippman</td>
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<tr>
<td>1998</td>
<td>Aria Garsys</td>
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<tr>
<td>2001</td>
<td>Jennifer Seferiadis</td>
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<tr>
<td>2002</td>
<td>Alison Collins</td>
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<tr>
<td>2005</td>
<td>Ashley Van Vechten</td>
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<tr>
<td>2006</td>
<td>Ashley Van Vechten</td>
</tr>
<tr>
<td>2007</td>
<td>Ashley Van Vechten</td>
</tr>
<tr>
<td>2009</td>
<td>Eileen Boylan</td>
</tr>
<tr>
<td>2010</td>
<td>Ellen Coleman</td>
</tr>
<tr>
<td>2011</td>
<td>Ellen Coleman</td>
</tr>
</tbody>
</table>

### Rochester in the UAA

#### UAA Champions

#### Most Valuable Player Awards

#### Rookie of the Year Awards

#### Single-Game Records — Individual
- Most Goals (Co-Champion): 4 Bridgette Varin (vs. Brandeis, 10/4/08)

#### Season Records — Individual
- Most Goals (Co-Champion): 9 Mary Knoll (1987)
- Most Shutouts (Co-Champion): 6 Kate Donhauser (1997)
- Goals Against Average (Co-Champion): 0.00 Kate Donhauser (1997)
- 0.00 Doreen Byers (1987)

#### Career Records — Individual
- Most Shutouts: 17 Kate Donhauser (1997-2000)
- Goals Against Average: 0.22 Kris Vander Plaat (1995-96) (1220 minutes, 3 goals)

#### Season Records — Team
- Goals Against Average (Co-Champion): 0.00 Rochester (1997)
We are proud to convey that our Women’s Soccer program has yet again won the Alumni Cup Challenge in 2016, marking back to back victories for our program! With an impressive 22.39% of all Women’s Soccer alumni choosing to donate, we were able to edge the competition and take home the Alumni Cup. We are so thankful to all of our alumni for their incredible generosity and it is because of their contributions that we received additional funding for the team and perhaps more importantly, won the much coveted title of having the most supportive alumni of the year. Our alumni’s outstanding pledge of support is a true testament to the lasting bonds created by sport, friendship, and membership in our Yellowjacket Family. We’d like to highlight all of those who have supported our program throughout the past year, and take this opportunity to say a big THANK YOU for making our Women’s Soccer program “Ever Better.”

Allyssa Abel ’14  
Heather A. Alico ’12  
Jo Ann Allender ’90  
Kelley Anderson ’73, ’77 (MD)  
Meghan Barritt ’03  
Donna Berzolla ’86  
John Braund ’53, ’61 (EDM)  
Tammy Brewster ’08  
Darlene Buenzow ’88  
Brian and Elizabeth Burns P ’18  
Charlotte Tweedie Byers ’88  
Erin Byrnes ’83  
Lila Cantor ’14  
Loren Cerami ’02  
Danielle Cerimeli ’92  
Jean Chakmakas  
John and Maria Chakmakas P ’17  
Wendy Chaido ’81  
Laura Cowie-Haskell  
Athanasiou Dardaganis ’92  
Jill Decker ’89  
Nicole Derby ’16  
Gabrielle DiAngelo ‘16  
Mary Dix ’89  
Emily Downie ‘16  
Angela Drahin ’07, ’09 (MS)  
Madeline Dullea  
Neil Ende ’77  
Diane Enns’78  
Doreen Falkowski  
Caroline Feller P ’19  
Jennifer Fitzpatrick ’02  
Karen Forsythe ’05  
Rebecca Furry ’02, ’04 (MS)  
Gerald Gamm  
Jayne Gavirita ’12  
Matthew and Geri Geitner P ’17  
Hannah Geitner  
Paige Gloster  
Gabriella Goddette ’16  
Timothy and Sarah Goddette P ’16  
Jim and Pamela Grant P ’08  
Terrence Gurnett ’77  
Emily Hallam ’11  
Rachel Honard ’15  
Maria Jensen ’87  
Jennifer Keating ’02  
Lila Kee  
Stephanie Klenotich ’07  
Nicolette Kober  
Bridget Lang ’13  
Patrick Lang P ’13  
Madelynne Lee  
Molly Leitch ’08  
Kristen Leskow ’06, ’07 (MS)  
Alan Levy P ’19  
Kathryn Levy ’08  
Jodie Lippman ’98  
Alice Loveys ’86, ’90 (MD), ’94 (RES)  
Iris Mandell ’01  
Carolina Manent  
Michele McCall ’86, ’87 (BM), ’07 (PhD), ’08 (CAS)  
Edgar McEachron P ’19  
Maura McGinnity ’87  
Mary McKenna ’90, ’95 (MS)  
Brian and Nicole Melton P ’18  
Sydney Melton  
Pietrina Micoli ’05  
Laura Morrison ’08  
Terzh Nasser ’79  
Thomas and Lorrie O’Donovan P ’89  
Hayley Orciuich  
Homer and Irene Pien P ’16  
Kelly Rakowski ’91  
Alyssa Raskind  
Richard and Marcy Raskind P ’17  
Lorraine Rogers  
Lindsay Rood ’10, ’14 (MBA)  
Kiana Ross ’01  
Kirsten Ross ’11  
Kaitlin Sappio ’15  
Christine Scello ’86  
Susan Sikule ’81  
Steven and Edith Sitrin P ’18  
Heidi Smith ’95, ’10 (MPH)  
Jessica Smith ’13  
Kim Stagg  
Lee Stagg  
Daniel Stoller ’66  
Alison Streeter ’08  
Joanna Tomasino ’92  
Ashley Van Vechten ’08  
Bridgette Varin ’11  
Lisa Voit ’84  
Angelique and Paul Waller  
Alaina Wayland ’13  
Sharon Weiss ’99, ’01 (MS), ’05 (PhD)  
Lisa Weld ’96, ’97 (MS)  
Duffy and Judy Zornow P ’15  
Kailee Zornow ’15
PRINCE ATHLETIC COMPLEX

The Brian F. Prince Athletic Complex was made possible by the leadership, support, and generosity of Brian F. Prince, BS ’86, MBA ’89, in honor of his parents Richard J. Prince and Christine L. Prince and in hope that all who strive here will gain the strength and confidence his parents lovingly bestowed upon him. The Prince Athletic Complex includes Fauver Stadium, North Field, Lyman Outdoor Tennis Center, and Towers Field.

SOCCER FACILITIES

Fauver Stadium is home to the Women’s Soccer Team. Located conveniently on the River Campus, Fauver Stadium has a lighted Fieldturf© playing surface surrounded by an eight lane, 400-meter, all weather Eurotan running track. With seating for 5,000 spectators, this facility is one of the finest in Division III athletics. Inside the stadium are the team locker rooms, athletic training room, equipment room and coach offices. In the summer of 2012 the adjacent baseball complex converted from grass to Astroturf© with stadium lighting, which provides the team with an additional turf field to train on. There is also a pristine, enclosed grass training field on campus only a short walk from the athletic center. The Women’s soccer team also regularly uses the Varsity Weight Room in and out of season for strength training as part of the team’s year round training program.
On March 6th, 2015 the Yellowjackets embarked on their Foreign Tour to Barcelona, Spain and Nice, France. The team toured a multitude of cultural sites and explored each city with the curiosity of conquistadors. Highlights include touring El Barri Gotic, Park Guell, La Pedrera, La Boqueria market, La Sagrada Familia Cathedral, Camp Nou and an FC Barcelona match, Castle Montjuic, Fragonard Perfumery, the French Riviera, Monte Carlo Casino, and Monaco. We’ll let the team speak for themselves as they describe some of their favorite moments of the trip. Be sure to check out our blogs about this incredible experience on our website, and a sincere Yellowjacket thank you to all of our supporters whose donations made our trip possible!

“My favorite sight in Nice was walking up to the top of the mountain...the warm sun lit up the Mediterranean shore with a light blue that photographs won’t do justice, contrasted with the white and clay colored pattern of all the buildings in Nice alongside the multitude of sailboats on the dock [made the view] ...truly postcard-worthy.” - Lauren Pien (’16)

“I was surprised by how friendly the teams were. After we played OGC Nice they were trying to get us to go out with them and show us around and took tons of pictures with us. When we left a few of the girls even got on our bus and pretended to be part of the team! In the short time we knew the girls, it felt like we had merged teams and extended our Yellowjacket family to foreign lands.” - Maddie Karafanda (’18)

“My favorite food on the trip was the seafood paella we got at the Olympic port. That night was amazing. After a long day of sightseeing... the food was delicious and we were served a five or six course meal! We all loved it and had such a fun time.” - Caitlin Leslie (’17)

“My funniest memory was when we went on a team run and people were clapping and cheering for us and then [one of us] tripped and wiped out on the pavement.” - Gabby DiAngelo (’16)

“...I really enjoyed spending time with my teammates and having free time to explore the cities with them.” - Jean Chakmakas (’17)

“The teams we played against had great sportsmanship and seemed to really just love the game... Soccer seemed to be a way of life for them.” - Aubrey Jaicks (’15)

“My favorite sight in Barcelona was Camp Nou because the energy in the stadium brought back so many great memories of playing soccer and reminded me why I love the sport so much.” - Carolina Manent (’18)
## 2016 Season Schedule

### September
- **2nd**  UR vs. SUNY Geneseo  1:30 PM
- **3rd**  UR vs. Montclair State University  1:30 PM
- **7th**  UR vs. Buffalo State  7:00 PM
- **10th** UR @ Union College  2:00 PM
- **17th** Upstate Collegiate Cup (located at Ithaca College)  
  UR vs. William Smith College @ Ithaca  2:00 PM
- **18th** Upstate Collegiate Cup (located at Ithaca College)  
  Consolation/Championship  TBD/ TBD
- **21st** UR @ Houghton College  7:00 PM
- **27th** UR vs. Nazareth College  4:00 PM

### October
- **1st**  UR vs. Washington University in STL*  5:00 PM
- **4th**  UR vs. St. John Fisher College  7:30 PM
- **8th**  UR @ University of Chicago*  12:00 PM (EST)
- **14th** UR vs. Carnegie Mellon University*  5:00 PM
- **16th** UR vs. Case Western Reserve University*  11:00 AM
- **19th** UR vs. Keuka College  7:00 PM
- **25th** UR vs. RIT  7:00 PM
- **28th** UR @ New York University*  11:00 AM
- **30th** UR @ Brandeis University*  11:00 AM

### November
- **5th**  UR vs. Emory University*  5:00 PM

NCAA Post Season (tbd)