

2022 UR Alumni Track and Field Invitational

Fauver Stadium - University of Rochester

Saturday, April 30, 2022

*****FINAL SCHEDULE*****

FIELD EVENTS:

8:45-9:45 AM	WEIGH INS – <i>Tent at the throws area</i>
10:00 AM	Discus (M) – 3 flights, followed immediately by Discus (W) – 2 flights
10:00 AM	Shot Put (W) – 2 flights, followed immediately by Shot Put (M) – 3 flights
11:00 AM	Pole Vault (M), followed immediately by Pole Vault (W)
11:00 AM	Triple Jump (W) – 2 flights followed by Long Jump (W) – 2 flights – <i>at the pit located in D-area near Steeple</i>
11:00 AM	Triple Jump (M) – 2 flights followed by Long Jump (M) – 3 flights – <i>at the pit located outside the track near PV</i>
11:45 AM	High Jump (W), followed immediately by High Jump (M)
2:30 PM <i>estimated</i>	Hammer (M) – 2 flights, followed immediately by Hammer (W) – 2 flights
2:30 PM <i>estimated</i>	Javelin (W) – 1 flight, followed immediately by Javelin (M) – 2 flights

****Note – we will start Men’s Hammer and Women’s Javelin immediately following the conclusion of Women’s Discus*

TRACK EVENTS:

11:00 AM	3,000 Steeplechase (M)
11:15 AM	3,000 Steeplechase (W)
11:30 AM	SPECIAL EVENT – U of R Alumni Mile
11:50 AM	4 x 100 Relay (M)
11:56 AM	4 x 100 Relay (W)
12:00 PM	1500 Meters (M)
12:20 PM	1500 Meters (W)
12:50 PM	110 Hurdles (M)
1:05 PM	100 Hurdles (W)
1:15 PM	400 Meters (M)
1:30 PM	400 Meters (W)
1:40 PM	100 Meters (M)
1:55 PM	100 Meters (W)
2:10 PM	800 Meters (M)
*2:15 PM	<i>Deadline to do initial check-in for 200 meters</i>
2:25 PM	800 Meters (W)
2:40 PM	400 Hurdles (M)
2:55 PM	400 Hurdles (W)
3:10 PM	200 Meters (M)
3:30 PM	200 Meters (W)
3:45 PM	5000 Meters (M)
4:20 PM	5000 Meters (W)
4:50 PM	4 x 400 Relay (M)
5:00 PM	4 x 400 Relay (W)
5:05 PM	4 x 800 Relay (M)
5:15 PM	4 x 800 Relay (W)